



พศ.ดร.กัทรวิ จิรรัตน์สภิต

Asst. Prof. Kitrawee Jiraratsatit, Ph.D.

POSITION: Assistant Dean for Student Affairs of Faculty of Public Health (Rangsit Campus)

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EDUCATION:

2021: Doctor of Philosophy (Applied Thai Traditional Medicine), Faculty of Medicine, Thammasat University, Pathumthani, Thailand.

2016: Master of Public Health in Health Promotion Management, Faculty of Public Health, Thammasat University, Pathumthani, Thailand

2013: Bachelor of Applied Thai Traditional Medicine (Graduated with 1st class honours), Faculty of Medicine, Thammasat University, Pathumthani, Thailand

RESEARCH INTERESTS:

- Applied Thai traditional medicine
- Health innovation
- Health promotion
- Holistic health
- Physical activity

HONORS AND AWARD:

- Honorable mention award on poster presentation award, Faculty of Medicine, Thammasat University Conference 2019, 7-9 August 2019, Thammasat University, Pathumthani, Thailand
- Honorable mention award on oral presentation award, Faculty of Medicine, Thammasat University Conference 2017, 7-9 June 2017, Thammasat University, Pathumthani, Thailand
- Certificate of Academic Excellence, Academic year 2010 from Department of Applied Thai Traditional Medicine, Faculty of Medicine, Thammasat University

PUBLICATIONS:

- Jiraratsatit, K., Khumking, T., Sammakkeekarom, R., and Yangthaworn. (2023). The Experiences of Social Support on Physical Activity Promotion among Visual Impairment Students with Adequate Physical Activity Levels at Thammasat University. *Interdisciplinary Studies Journal*, 23(2); 18-29.
- Yangthaworn, K., Srikaew, N., and Jiraratsatit, K. (2023). The Opportunity for Massage Therapy Development for Relieving Long COVID Symptoms A Literature Review. *Journal of Thai Traditional and Alternative Medicine*, 21(1); 163-74.
- Jiraratsatit, K., and Sammakkeekarom, R. (2022). The Community Innovation to Strengthening User-friendly Health Services Accessibility among Thai Ethnic Women in Chiang Mai, Chiang Rai, and Mae Hong Son. *Journal of Human Rights and Peace Studies*, 8(2); 371-34.
- Narunattawattana, T., Markpong, N., Suntonwat, S., Kaewprapai, P., Thongchoy, P., Tansiri, K., Khochsila, R., Jiraratsatit, K., and Sumpowthong K. (2022). Application of social support theory in stress management from online learning among students under the Coronavirus Disease 2019 pandemic. *Journal of Health and Health Management*, 8(2); 54-66.
- Prajuabjinda, O., Dechayont, B., Chunthorng-Orn, J., Phuaklee, P., Phanthong, M., Poomirat, S., Prommee, N., Chaiyawatthanananthn, P., Itharat, A., Jiraratsatit, K., & Yangthaworn. K. (2022). Cytotoxic and Antioxidant Activities of Components in Ayu wattana Wayuvek Remedy Extracts Against Breast Cancer Cell Line". *Asian Medical Journal and Alternative Medicine*, 22:S132.



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PUBLICATIONS:

- Kimpao, Y., Jiraratsatit, K., Sawangsri, K., Chawkorach, B., Siriphiron, P., Tumpasit, S., et al. (2021). Application of Transtheoretical model (TTM) and behavior modification strategies for smoking cessation among youths. *Interdisciplinary Studies Journal*, 21(2); 96-107.
- Phuaklee, P., Dechayont, B., Chunthorng-Orn, J., Prajuabjinda, O., Juckmetab, T., Jiraratsatit, K., Sukkasem, K., Mokmued, K., and Yangthaworn, K. (2021). Antioxidant, anti-inflammatory, and anti-Staphylococcal activities of *Albizia lucidior*. (Steud.) I. C. Nielsen wood extracts. *ScienceAsia*. 47; 1-5.
- Dechayont, B., Phuaklee, P., Chunthorng-Orn, J., Juckmeta, T., Prajuabjinda, O., and Jiraratsatit, K. (2021). Antibacterial, anti-inflammatory and antioxidant activities of Mahanintangtong and its constituent herbs, a formula used in Thai traditional medicine for treating pharyngitis. *BMC Complement Med Ther*, 21(1); 105.
- Jiraratsatit, K. and Samakkeekarom, R. (2020). Thai Traditional Medicine and Conventional Medicine Service for Non-Communicable Diseases: Case Studies for Integrative Treatment. *Thai Journal of Public Health*, 50(2); 198-210.
- Dechayont, B., Phuaklee, P., Chunthorng-Orn, J., Jampa, O., Juckmeta T., and Jiraratsatit, K. (2020). Anti-inflammatory Effect of Ya-Mahanintangtong Remedy Extract in RAW 264.7 Cell Line. *Journal of Thai Traditional & Alternative Medicine*, 18(1); 71-79.
- Poonsuk, P., Songphasuk, S., Jantha, M., Nimpitakpong, N., and Jiraratsatit, K. (2018). Effectiveness of Herbal Poultice for Knee Pain Relief in Patients with Osteoarthritis of Knee. *Thammasat Medical Journal*, 18(1); 104-110.
- Jiraratsatit, K, Samakkeekarom, R., and Pachuen, O. (2017). Using Thai Herb Drugs Treatment along with Biomedicine Treatment Experience in Patients with Non-Communicable Diseases at Primary Care and Applied Thai Traditional Medicine Center, Faculty of Medicine. *Quality of Life and Law Journal*, 13(2); 1-15.